

Local Councils' Support Multicap

The Gold Coast City Council and the Brisbane City Council have both shown their support for people with multiple disabilities in a very tangible way by providing relief from the rates charges for Multicap facilities in each of their council areas. We appreciate their generous and ongoing support.

A special Thank You to the Gold Coast City Council from the Staff, Clients and Families at Robina Respite:

"We would like to thank the Gold Coast City Council for generously providing us with an ongoing reduction in our rates and water charges. This allows us to provide a few more resources for the people we support at Robina Respite. We would like to extend a warm invitation to any members of the Gold Coast City Council to visit our Respite home and see what a kind thing you have done. We all very much appreciate it."

staff members, Troy participated in the parade wearing the T shirt specially printed for the occasion. Troy really enjoyed the experience, waving happily to the enthusiastic crowd. As a bonus, the float received the Encouragement Award.



New Multicap Choir

The Social Support program has received the exciting news of the success of a grant to set up a children's choir for people with a disability aged 10-18 years. This choir is kindly funded through the Zig Zag Foundation. It will be directed by Anne Flood, the Southside Singers' music therapist, and will also be supported by Alyssa Maughan, a community artist who works with the Southside Singers. It is expected that this new choir will be operational by February 2010, and will run each Thursday afternoon at Multicap Eight Mile Plains from 3.45pm - 5.15pm - cost is \$5. Please contact Multicap if you are interested in receiving further information.

The Southside Singers have been fundraising to help support their choir conductor to fly to Adelaide to meet with a choir for people with visual impairments called "La Tutti". On 31st October they held a fundraising concert where Multicap clients and their families enjoyed entertainment from "The Banjo Bashers", the "Southside Singers", a duet performance from Anne and Alyssa and also various solo performances. The afternoon was a wonderful success. The crowd really responded to the interactive and entertaining performance from the "Banjo Bashers" and many became quite emotional with the performances from the rest of the acts. Afternoon tea was provided with the support of the 8 Mile Club members.

Highfields Residents Celebrate the Toowoomba Carnival of Flowers

During September each year, Toowoomba celebrates its Carnival of Flowers; and this year residents from the Highfields facility were very involved.

Russell Jenkins belongs to the Rainbow Choir, run by Help, which he attends weekly. The choir performed at a special event held at the Empire Theatre. Russell was very happy to be part of this performance, wearing a blue shirt as his part of the rainbow, and enjoying being part of the singing. The performance was a great success.

Troy Mann was involved in decorating the combined disability float, which was a joint effort by many of the service providers in the region. Along with two



Donations

Your donation, large or small, will help Multicap support people with multiple disabilities, their families and their carers.

Make a Donation

I would like to make a tax deductible donation

Single Donation \$..... Regular Donation \$.....
(your regular donation will be debited to your bank account each Art Union)

Purchase Art Union Tickets

I would like to order the following ticket books

\$15 Book \$21 Book \$30 Book \$60 Book

Advance Order Tickets

I would like to enjoy the convenience of having my ticket order automatically sent each Art Union

Advance Order \$..... *(your order will be debited to your bank account each Art Union)*

Payment Method

Please tick and complete details

Direct Debit Visa Card Cheque
 Multicap Bank Account Mastercard Money Order
 Multicap Website Debit Card

Direct Debit Details

Direct debit deductions will continue until you instruct Multicap to cancel in writing

Account Holder Name:

Bank Name:

BSB: First Payment: /..... /.....

Account:

Signature:

Credit/Debit Card Details Minimum \$15 purchase

Card:

Cardholder's Name:

Expiry Date: /..... Signature:

Multicap Bank Account

You can also pay into our Commonwealth Bank of Australia (CBA) account

Account Holder Name: Multicap Art Union

Bank Name: CBA Reference: AU95

BSB: 064130 Account: 00 901 200

Your Contact Details

Name:

Company:

Phone: Email:

Address:

Return to Multicap - Post or Fax to the details below



269 Padstow Rd, P O Box 4013, Eight Mile Plains Q 4113 • Phone (07) 3340 9000 • Fax (07) 3341 3115
Website www.multicap.asn.au • Email info@multicap.asn.au • ABN 40 120 240 686 • ARBN 084 424 493

Ways you can help....

Art Union

Congratulations to David Hill from Loganholme, winner of Art Union 94, and to Stephen Sneddon of Underwood, winner of Art Union 95. Both winners chose a new Toyota Kluger as their prize.



Left: Winner of Art Union 94, David Hill, (centre) at the presentation of his new car by CEO, Jo Jessop, and Financial Controller, Richard Russell

Right: Winner of Art Union 95, Stephen Sneddon, with his wife, Tiffany, receiving the keys to their new car from Donor Relations Manager, Cate Farrar

Support our clients & have a chance to WIN a \$60,000 car for just \$3!

TICKET HOTLINE: (07) 3340 9015

Wishing Well Donation Money Boxes

Join almost 8,500 wonderful hosts throughout Queensland with a Multicap Wishing Well donation money box. Why not use one in your office for your staff to use as a 'swear jar' with a gold coin donation every time!

For further information on how you can have your own Wishing Well, please contact Chris on **0407 737 263**.

Bequests

Imagine leaving a gift that will ensure Multicap continues to support local people with multiple disabilities for now, for the future, for life. Your bequest will support Multicap and ensure that our clients with disabilities, possibilities, and capabilities continue to shine.

For further information on how you can help, visit www.multicap.asn.au or phone Sandra Williams on **07 3340 9008**.

If you do not wish to receive future Insight Newsletters, please phone 07 3340 9008.



Newsletter Issue 43
December 2009

INSIGHT
Patron: Her Excellency Ms Penelope Wensley AO, Governor of Qld

Multicap®
disabilities, capabilities... possibilities



CEO's Corner

With Joanne Jessop

We celebrated the progress we have made at the Multicap 47th AGM held at the end of October, attended by current members of Multicap as well as other stakeholders. Our 2009 Multicap Annual Report has also been distributed to families

who access services, as well as to all our members and I encourage you, when reading about the achievements of the people we support over the past year, to pause and think about the journey since Multicap began. Forty-seven years ago a small group of families, who were passionate about creating a better future for their children with multiple disabilities, got together and started a conversation, believing they could change things for the better. Their conversation resulted in an organisation which today supports over 500 people and their families across Queensland.

Conversations have again started across Queensland about what it would take to create a system that meets the needs of all Queenslanders with a disability. Conversations are occurring about the proposed National Disability Insurance Scheme, about the issues raised in the Federal Government "Shut Out" report on people living with disabilities, and on a renewed "Blue Skies" vision for people living with disabilities in Queensland.

I encourage you to have a conversation about these issues, with family, friends, Multicap staff, your local politicians and others; a shared conversation and a shared belief that change is possible will result in improved opportunities and better services for people with disabilities in Queensland.

As the festive season again draws close, and on behalf of the Multicap Board, managers and staff, I thank you for all your support during the year and I wish you all a very Merry Christmas and a 2010 full of joyous opportunities and exciting adventures.

'There is no power greater than a community discovering what it cares about. Ask "What's possible?" not "What's wrong?" Keep asking.'

- Margaret Wheatley

Thank you

Multicap would like to say "thank you" to all the people who support our organisation in many different ways. Our special thanks go to: the Antonrose Trust, Kirsty Allen, Mr D Brandt, Mr & Mrs Bates, Judy Boyle, Dr Y Burns, Miss C Chan, Wendy Coward, Mr & Mrs Duffin, Mr G Emmi, Mr G Easlea, Mrs Hopkins, Ian Heather, Helena Hutchinson, the Kuraby District Lions Club, Son Luong, Miss E McDonnell, Jan McMillan of Mrs Mac's Coffee Shop, Mr & Mrs Otago, Mr & Mrs Pedler, Mr & Mrs Prendergast, Judy Rebecca of Ritchies Stores Pty Ltd, Mary Rudken, Anil Sharma, Elizabeth Stapleton and Patrice Sherrie. Thanks also to Stan Doust for his donation of a TV and TV unit, and to Mr & Mrs Champeaux for their donation of a fridge.

Westpac Garden City Golf Day

Thank you to Westpac Garden City for nominating Multicap as charity of choice for their golf day to be held 11.00am on Tuesday, 15 December 2009 at the Brookwater Golf Club. Register your team of four online now at www.multicap.asn.au.

Praise for Marsden Respite

The following is a letter of thanks from Mrs Lammas whose son, Stewart, accesses the Marsden Respite Service.

Dear Janice and everyone at the Marsden Respite House, Many thanks for the good care you take of Stewart. I am especially impressed by the way you find a solution to any difficult situation. For instance, when his passion for rubbish bins made it difficult to get him to come inside, you worked out how to get him inside and keep him calm and happy at the same time.

When I collect him, I can see that he has been happy with you. Regards, Joan Lammas



Welcome Cate

We are pleased to introduce you to Cate Farrar. Cate has joined Multicap recently and has taken on the new role of Donor Relations Manager. Cate brings her experience in education and the arts to the role, as well as her enthusiasm and positive approach.

Disability Action Week - Multicap National Ceramics Award for People with Disabilities

Disability Action Week celebrates diversity and the opening of new doors to inclusion and access. This year, during Disability Action Week, Multicap hosted the inaugural National Ceramic Award for People with Disabilities, empowering people with disabilities to receive further exposure through the displaying of their art work.

The winner of the Ceramics Award Supported Category was Kevin Meagher from Sydney; and the winner of the Ceramics Award Unsupported Category was Paul Dametz from Canberra. The judge, Terry Bouton, also chose two highly commended pieces by artists Joanne Conci from Melbourne, and Brett Patzwald, a Monte Lupo artist.

The National Ceramics Award was made possible by Disability Services, Supportive Community funding.

Judy Spence MP, Member for Sunnybank, presenting Brett Patzwald with his Award



30 Square Christmas Show

Monte Lupo's final exhibition for the year will be held at Fortitude Valley's Doggett Street Studio on 11th and 12th December. The Exhibition is called '30 Square' and all works must be 30cm square.

This year Monte Lupo artists are painting on wall tiles, with some amazing art works being produced for the show.



Multicap Book Bonanza

Thank you to all who donated books. Many a great bargain was enjoyed by our patrons at the Book Bonanza held 31st October to 1st November 2009.

Thank you to Katie Bottom, formerly Events & Partnership Coordinator, for organising the terrific event and Sarah McDonald, formerly Marketing Intern, for her support. Both Katie and Sarah have moved on from Multicap and we would like to wish them every success in their future career endeavours.

Carols@Multicap

Our third annual Carols@Multicap was held on Saturday 28th November 2009 at Eight Mile Plains. Gates opened at 4.30pm for the wonderful lantern making workshops, which were used to escort Santa to the stage for the carols, which ran 6.00pm-8.00pm.

Thanks must go to the many volunteers, suppliers, and sponsors for making the evening possible, including our Media Partner, Quest Community Newspapers; Premier Sponsors, Brisbane City Council and Ausenco; and our Classic Sponsors, Macgregor Lions Club, Signwave, and Westpac Garden City.

Thanks to Conrad Jupiters

On regular occasions, Conrad Jupiters, at Broadbeach on the Gold Coast, donates unclaimed lost property to Multicap. These goods include practical, interesting and exciting items which are of great use to our clients. Multicap would like to thank the staff of Conrad Jupiters for choosing Multicap for these donations, which are greatly appreciated.

Wishing Wells

Collector Geoff Redsell, 1½ yrs service, (pictured right) took on the challenge of creating this beautiful miniature Wishing Well after Ray Willis, 5yrs service, (pictured left) passed on the suggestion to suit a host organisation's request. Such great ideas and workmanship in aid of supporting our worthy charity! Thank you also to all of our host organisations. For information on how you can have your own Wishing Well, please contact Chris on 0407 737 263.



Going Green

Thank you to everyone who has generously donated plants for our grounds. We were very excited when Bunnings at Kingston Road Underwood phoned to say they were able to donate some plants and also to send some of their wonderful staff to help us create two new gardens. We were even more surprised and delighted to discover that they had also contacted their wholesalers, requesting further donations of plants. As a result, on Friday 13th November, Complex Manager Nick Smith, together with Pam, Kate, Ursula and Alex arrived from Bunnings with enough plants to revamp eight gardens at the Eight Mile Plains site. So, a big thank you to the Bunnings staff and to their wholesalers, Dracaena Farm Nursery, Rainforest Tree Nursery, Stanmore Horticultural Nursery and Floral Abundance.

Multicap would like to especially thank John Morley, who generously donates his time, energies and gardening expertise, on an ongoing basis, to assist Hannah in creating beautiful gardens at the Multicap Eight Mile Plains site.

News from new Rockhampton Service Coordinator, Karen Bailey

It's been a busy couple of weeks since I joined the Rockhampton team. I had the pleasure of attending the Social Club Dinner Dance in September and had a great time dancing and chatting with the clients who attended. The success of these events is credited to Carole Savage and the Respite team who work tirelessly to ensure everyone has a fantastic time.

I also had the opportunity of meeting with some of the families at our quarterly Strategic Planning meeting and discussed suggestions for the respite service moving forward.

Thanks to funding provided by Disability Services and Commonwealth Carers we have been able to buy some much needed manual handling equipment and a trampoline for the use of our guests.

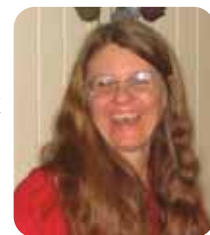
I would like to take this opportunity to thank the staff at Rockhampton Respite, especially Joan, Gail and Carole for the extraordinary work they do, consistently going above and beyond what their position requires, to ensure the smooth running of the service.



Joan Donovan



Carole Savage



Gail Muir

Kuraby Day Service News

Kuraby Day Service would like to say a big congratulations and welcome to Jackie Meade, Julie Torrens, Leah Reweti and Mereana Bell who have joined our team on a permanent basis. We also welcome Glen, Leonard and Stephen to the Day Service. We hope they enjoy coming and joining in with our daily activities.

Thank you to Mrs Marken who kindly donated her time to make some bean bags for our indoor sports program. It is such a great help when people volunteer their time to assist us.

The Ladies Group is having a wonderful time; the ladies are excitedly organising lots of 'girly stuff' for the group to do!!

And, if it wasn't for the donation of our wonderful bus from the Sunnybank Community and Sports Club, we would not be able to access the community as we do. Wednesday is a great day for some of our clients as they have the privilege of accessing a local club, where they interact with the members of the public and learn new line dancing and rock n roll moves. At the end of all that hard work, they chill out and have a chat with new friends over a lovely counter lunch.

SWELL Sculpture Festival – Winner of Kids' Choice Award

For the second year in a row Monte Lupo won the Kids' Choice Award with their entry in the SWELL Sculpture Festival, '1 Fish, 2 Fish, Red Fish, Blue Fish'. This installation included 13 large fish and 4 jellyfish. The inspiration for the fish was the exploration of the relationship between humans and nature. The viewers were able to walk amongst the sculptures, touching all the jellyfish tentacles and fish scales.



Volunteer Sewers Needed

The Centre of Creative Arts' artists require volunteers to assist with their Textiles module. The artists are currently designing and making clothing for the Centre of Creative Arts' Fashion Parade, which will be part of the 2010 Multicap Star Festival.

Volunteers will be required to assist with the sewing process, as this requires one-on-one supervision whilst the artists are using the sewing machines. If you are interested in volunteering or would like more information, please phone Fiona Haynes on (07) 3340 9026.

International Day for People with Disability

On 28th November Monte Lupo held a Lantern Making workshop, funded by the Commonwealth Department of Families, Housing, Community Services and Indigenous Affairs, in celebration of International Day for People with Disability on 3rd December. The workshop, held in conjunction with Carols@Multicap, was open to people with disabilities and others in the community who participated together to make the lanterns. The finished lanterns were then paraded for everyone to enjoy.

Welcome to our New Art Union Direct Seller

Paul Wood is an active member of the community who believes in the joy of giving. He joined Multicap as an Art Union ticket seller in October and is working in the Brisbane West and South areas.

Paul says that he is always amazed by the caring and generous nature of the people with whom he shares the Multicap story. He has a wealth of experience of working within the not-for-profit sector, lives at Ipswich and enjoys time with his family. His other interests are cycling, reading and counselling. We welcome Paul to the team, and appreciate his contribution.

Nudgee & Petrie Day Services

A big thank you to the staff, clients and families who helped raise money for a new kitchen for Nudgee; and for a new stove for Petrie Day Services. The units have been installed and are being put to good use in the cooking and food preparation programs.



Amongst the excitement of Christmas celebrations, clients at Nudgee and Petrie Day Services have been preparing a puppet show, with the assistance of students from Loganlea TAFE and Multicap's Music Therapist Cheryl Mow. The puppet show was successfully presented at the One World, One Water Festival at Loganlea TAFE in November.

Northside Holidays

Multicap's Northside Holiday program had its second holiday in July. A group of 3 clients and two staff headed to the Gold Coast for a winter escape for 3 nights and four days. The group stayed in a luxury home on the canals at Surfers Paradise. This was a great ocean side location for enjoying a range of activities that are in the area including a day at the Currumbin Wildlife Sanctuary, morning tea at the Currumbin Rock Pools and a picnic lunch at the beautiful Mt Cougal. The final day was spent souvenir shopping at Pacific Fair and enjoying an ice cream at the Strawberry Farm on the way home.

The holiday offered the chance for friendships to develop and for the clients to have a lot of fun away from home. For further information please contact Grainne Taia on 0428 877 504.



Christmas Holiday Closure Dates

Day Services

Multicap Day Services at Eight Mile Plains, Kuraby, Aspley, Ellen Grove, Nudgee and Petrie will be closed on
Friday 18th December 09 to Friday 8th January 10
 Reopening Monday 11th January 10

Centre of Creative Arts

The Centre of Creative Arts, Eight Mile Plains, will be closed on
Friday 18th December 09 to Friday 8th January 10
 Reopening Monday 11th January 10

Monte Lupo

Monte Lupo will be closed on
Friday 25th December 09 to Friday 1st January 10
 Reopening Monday 4th January 10

Administration

The Administration office at Eight Mile Plains will be closed on
Friday 25th December 09 to Friday 1st January 10
 Reopening Monday 4th January 10