

## Kuraby Day Service

### Sunnybank Community & Sports Club

Thanks to the Sunnybank Community & Sports Club, whose generous donation of a new bus, enables the clients of Kuraby Day Service to access their programs. The photo below shows some of the clients getting ready to head off to the ten pin bowling program. Following on from bowling, this group heads out to Jacobs Well to have their lunch by the waterfront. There are 10 clients who attend this program which they enjoy tremendously; and it would not be possible without the support of the Sports Club and their wonderful donation of the bus to the Kuraby Day Service.



### Logan Recreational & Sporting Club

Thank you to the Logan Recreational & Sporting Club in Kingston for allowing the Kuraby Day Service the opportunity to participate in Lawn Bowls. Thanks also to the wonderful volunteers who help and assist the group. Without their help this opportunity would not have been possible.



### Tuckshop Program

Tuckshop Yahoo!!!!!! All clients are thoroughly enjoying this new program. Every fortnight they have the opportunity to order their lunch from the Kuraby State School tuckshop. This program has assisted in their ability to make choices, handle money, be responsible and to integrate with members of the community. A big thank you to Kuraby State School.

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### Star Festival

Kuraby Day Service Star Festival was a great hit!! It was a great opportunity to see and meet new people. Thanks to everyone who contributed to this wonderful day. Also a big thank you to the Kuraby Lions Club who volunteered their time to help with the BBQ, and to those who helped with the cake stall.

## Congratulations

Multicap has been working with the Metropolitan South Institute of TAFE to accredit staff with qualifications in disability work. Congratulations to these staff who have recently graduated in a Certificate III, IV or Diploma in Disability Work: Mandy Abbott, Saberah Ahmed, Karen Bailey, Natalie Baines, Mourya Bertic, Lee Blakelock, Kylie Burns, Jo-Anne Cates, Wes Cates, Michelle Clements, Jeanette Djuricic, Kathy Drakeford, Janella Dunne, Susan Engler, Jayne Grell, Hilary Howard, Heni Hapuku, Linden Hunter, Wendy Nash, Rhonda Nukunuku, Carol Payne, Michelle Polman, Juan Romero, Sherrie Shirley, Maree Stenson, Patricia Stuart, Tania Tangaroa, Aaron Vass, Alana Vass, Vanessa Vass and Ann Window.

## News from Petrie & Nudgee Day Services

Petrie and Nudgee joined forces recently to hold two sausage sizzles at Bunnings Carseldine. These events helped raise much needed funds for a new stove at Petrie and kitchen renovations at Nudgee. Thank you to all who assisted on the days, which were not only profitable but lots of fun.



Several new clients have commenced at Petrie. Staff are thinking of some great ideas to create supported employment opportunities for participants.



Foodbank continues to provide work experience options for many of the participants at Nudgee, which they enjoy immensely.



Bob Standfast, who was the caretaker at Nudgee property during its years as a State School, now volunteers for Multicap. Bob (locally know as Bob the Builder) supports the programs and ensures the building and car parks are clean and tidy. Thanks Bob.



The Papermaking program has commenced at Nudgee and they are hoping to have some beautiful recycled paper to display in future newsletters.

The Men's Group is really excited about the men's shed, which is being built at Petrie. Lots of positive outcomes are expected including 'blokey' type workshops with experienced tradespeople.



## Book Bonanza Donate Now!

We're currently collecting books for a Book Bonanza to be held later this year

Second hand donations can be made to Eight Mile Plains Reception or phone Katie on 3340 9045

More details available soon

## Donations

Your donation, large or small, will help Multicap support people with multiple disabilities, their families and their carers.

### Make a Donation

I would like to make a tax deductible donation

Single Donation \$.....  Regular Donation \$.....  
(your regular donation will be debited to your bank account each Art Union)

### Purchase Art Union Tickets

I would like to order the following ticket books

\$15 Book  \$21 Book  \$30 Book  \$60 Book

### Advance Order Tickets

I would like to enjoy the convenience of having my ticket order automatically sent each Art Union

Advance Order \$..... (your order will be debited to your bank account each Art Union)

### Payment Method

Please tick and complete details

Direct Debit  Visa Card  Cheque  
 Multicap Bank Account  Mastercard  Money Order  
 Multicap Website  Debit Card

### Direct Debit Details

Direct debit deductions will continue until you instruct Multicap to cancel in writing

Account Holder Name: .....

Bank Name: .....

BSB:       First Payment: ..... / ..... / .....

Account:

Signature: .....

### Credit/Debit Card Details Minimum \$15 purchase

Card:

Cardholder's Name: .....

Expiry Date: ..... / ..... Signature: .....

### Multicap Bank Account

You can also pay into our Commonwealth Bank of Australia (CBA) account

Account Holder Name: Multicap Art Union  
Bank Name: CBA Reference: AU95  
BSB: 064130 Account: 00 901 200

### Your Contact Details

Name: .....

Company: .....

Phone: ..... Email: .....

Address: .....

Return to Multicap - Post or Fax to the details below



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Website [www.multicap.asn.au](http://www.multicap.asn.au) • Email [info@multicap.asn.au](mailto:info@multicap.asn.au) • ABN 40 120 240 686 • ARBN 084 424 493

## Ways you can help....

### Art Union



Congratulations to Cyrus Coleman of Coolum Beach, winner of Art Union 93, pictured here receiving the keys to his new Toyota Kluger from Multicap CEO, Joanne Jessop.

Congratulations also to the winner of Art Union 94, ticket number 282627 of Loganholme.

Support our clients & have a chance to WIN a \$60,000 car for just \$3!

**TICKET HOTLINE: (07) 3340 9015**

## Wishing Well Donation Money Boxes

Join almost 8,500 wonderful hosts throughout Queensland with a Multicap Wishing Well donation money box. Why not use one in your office for your staff to use as a 'swear jar' with a gold coin donation every time!

For further information on how you can have your own Wishing Well, please contact Chris on **0407 737 263**.

## Bequests

Imagine leaving a gift that will ensure Multicap continues to support local people with multiple disabilities for now, for the future, for life. Your bequest will support Multicap and ensure that our clients with disabilities, possibilities, and capabilities continue to shine.

For further information on how you can help, visit [www.multicap.asn.au](http://www.multicap.asn.au) or phone Sandra Williams on **07 3340 9008**.

If you do not wish to receive future Insight Newsletters, please phone 07 3340 9008.



Newsletter Issue 42  
September 2009

# INSIGHT

Patron: Her Excellency Ms Penelope Wensley AO, Governor of Qld

**Multicap**  
disabilities, capabilities... possibilities



## CEO's Corner

With Joanne Jessop

Tuesday 4th August was a special night for us at Multicap. We celebrated the opening of Monte Lupo's new art exhibition at Parliament House in Brisbane. "Little Red and Friends" showcased pieces based on individual artist's

interpretation of various childhood fairy tales. Several State MPs attended the opening and met our artists, who are wonderful ambassadors for what people are capable of. I understand that Sean Davenport's piece, The Owl and the Pussycat, sailed in their Pea Green Boat all the way to Rockhampton with their new owner at the end of the exhibition.

Thank you to all our supporters, volunteers, families, staff and everyone who helped make our Multicap Star Festival activities across the state so successful. The communities we are part of supported us, people had smiles on their faces, and we also raised much needed funds that go towards quality services being provided for people with multiple disabilities.

"We have to be the changes we want to see in the world"  
- Mahatma Gandhi



## Thank you

Multicap would like to say "thank you" to all the people who support our organisation in many different ways. Our special thanks go to: Helen Blessing, Stacey Smith & Les Jones of Grant Thornton, Dr Phillip Barker of Six String Designs, Mr Fraser of Maceowl Pty Ltd, Nina Psaltis of Nina Psaltis Consulting Pty Ltd, Dr Neil Heather, Brian & Faye O'Leary, H Beames, M Robertson & R Livsey, Jill Arkadieff on behalf of Bluescope Lysaght, S Fairhurst, Colin & Margaret Calvert, Elma Hopkins, R & J Ward, Mr D Swales, Mrs H Davies, Ms M Mason, The Whitehouse Foundation, McInnes Wilson Lawyers, Mr S Luong, Teresa Hooper, and the Redlands Community Weight Loss Challenge Team for their generous donations. Thanks also to Kevin Williams, who chose Multicap as the recipient of donations in memory of his late mother Evelyn Williams. Kevin's sister, Robyn, was one of Multicap's early clients, originally attending Multicap when it was located at New Farm.

## Multicap Star Festival

The 2009 Multicap Star Festival celebrations were held from 12th to 25th July across the state in Rockhampton, Aspley, Kuraby, Nudgee and Eight Mile Plains.

There was something for everyone to enjoy at the various celebrations, from pony rides and show bags for the children, to beautiful market stalls and an art exhibition for the adults.

Overall, our celebrations were great community events and raised over \$14,000 that Multicap will use to support local programs and facilities for our clients with multiple disabilities.

Many thanks must go to our sponsors, without whom the celebrations would not be possible, including our Media Partner, Quest Community Newspapers; Premier Sponsors BCC Lord Mayor's Suburban Initiative Fund (Macgregor, Marchant, and Northgate Wards), Brisbane Technology Park, and Macgregor Lions Club; Classic Sponsors, Allflex, Suncorp and Westpac.

Thank you also to the many other businesses who provided goods for the day including Bellas Fruit Barn, Big Gun Butchery, Camp Oven Bakery, Brumby's Bakery Upper Mt Gravatt, Woolworths Garden City, Coles Sunnybank, Bakers Delight Garden City, Coles Runcorn, Woolworths Springwood, Wiz Café, Bunnings Warehouse Compton Road, Tip Top, Kuraby Lions Club, Westfield Garden City, Gardening Time Nursery, Hema Maps, Credit Union Australia Mt Gravatt, Brumby's Bakery Beenleigh, Big Gun Growers Market, Coles Springwood, Baker's Delight Chermerside, and Brumby's Bakery Aspley.

## SWELL Sculptures by the Sea

Monte Lupo will be displaying works entitled 1 Fish, 2 Fish, Red Fish, Blue Fish, at the annual SWELL Sculptures by the Sea festival at Currumbin Beach. Art Therapy clients and Monte Lupo artists have been working on this collection of sculptures for five months and have created thousands of individual handmade and decorated tiles.

Monte Lupo will be exhibiting alongside 50 other exhibitors at the SWELL festival which is a free community event. Sculptures will be on display from 11th to 20th September.



## What a Great Team!

### Area Managers

Multicap is pleased to welcome two new Area Managers to our team:

**Collin D'Costa** joined us in July, taking over from Diane Bell who we have farewelled back to New Zealand. Collin brings to Multicap valuable experience from the disability sector, and training and employment areas. Collin will have responsibility for our Mackay, Rockhampton and North Brisbane services as well as some of our more central accommodation services; and we are very pleased he has decided to work with Multicap.



**Janine Allen** has recently accepted a new Area Manager role at Multicap, and she will be responsible for our organisation-wide positive behaviour planning required under the Restrictive Practices legislative amendments, as well as our STEPS program. Janine has been with Multicap for over 10 years and we are delighted she has taken on this new challenge.



**Eva Hallam**, our third Area Manager, continues to contribute in an outstanding way across our services. Eva has responsibility for our Toowoomba, Gold Coast and Logan services, some of our accommodation services and also for our social support programs and specialist services.



### Rockhampton

Changes are afoot in Rockhampton. Ros Yates, our Service Coordinator, has decided that it's time for a change after 10 years with Multicap, and we wish her all the best for her next challenge.

**Karen Bailey** has accepted the role and will be relocating to Rockhampton at the end of September. Karen is well known across our organisation as she has also been with us for over 10 years, and most recently has done a fabulous job as our Workplace Health and Safety Officer.



## Marks and Gardener Gallery

Monte Lupo artists will be exhibiting art works at the Marks and Gardener Gallery, Mt Tamborine, from 19th September 2009. The theme for this exhibition, Flowers, Feathers and Foliage, will be based around spring; and the Monte Lupo artists are developing a new range of spring themed artworks. The official opening will be held on 26th September from 2pm.

## Centre of Creative Arts Exhibits at the Multicap Star Festival

The Centre of Creative Arts artists held an exhibition at the recent Multicap Star festival. Artists Heather Pepperill, Lara McCrae, Johanna Ford, Piers Jeston, Courtney Weatherstone, Courtney Andrews, Donald Stewart and Emma Brooks displayed works that they made throughout the year. The artists are now working on pieces for the Carols@Multicap display on 29th November.



## Water, Water Everywhere...



Multicap would like to thank the Lord Mayor's Sustainability Grants program, as they have provided a grant of \$50,000 that has allowed us to install six large water tanks on our Eight Mile Plains site. These tanks are all plumbed into our bathrooms and we have significantly reduced our water usage across the site. Thanks Brisbane City Council.

## Nudgee Day Service Facility



The Multicap Board celebrated on 30th June when we finalised the purchase of this wonderful facility from Brisbane Housing Company. Multicap had previously been leasing the building as we raised funds to assist us with the purchase. From July the amazing team of staff and people we support have been busy raising funds from Bunnings BBQs and the Fruit and Vege program and they almost have enough to pay for the installation of a kitchen area. This will be of great benefit as the most popular program with families who access this service is the Catering program.

## Charity Ball

The inaugural Multicap Charity Ball was held on Saturday 23rd May 2009 at Gianni Events @ Portside and was a truly memorable night enjoyed by our 270 attendees.



The night was hosted by TV personality Mike Goldman with attendees including our Multicap Patron, Her Excellency the Governor of Queensland, Penelope Wensley AO; former Olympic diver and Multicap Ambassador, Robert Newbery; and Minister for Disability Services and Multicultural Affairs, Anastacia Palaszczuk.

Over \$50,000 was raised from the evening, which Multicap will use towards improving the quality of life for our clients in west Brisbane.

The night would not have been possible without the support of our sponsors. Multicap would like to thank our Principal Sponsor, Graetz Media; our Deluxe Sponsors, Sandstorm Beach Club, Hardy Brothers Jewellers, and Gianni Events @ Portside; our Grand Sponsor, Aspedia; and our Classic Sponsor, MBE Business Centre Eight Mile Plains.

Thank you also to the many other businesses who provided live and silent auction items on the night including Anchorage on Straddie, Bosman Memorabilia, Brisbane Broncos, Brisbane Lions, Bryan Byrt Ford, Clovelly Estate, Corcorz Hair, Customs House, Domanis Café Restaurant, Golden Casket, Kings Beauty, Limes Hotel, Mount Warning Spring Water, News Magazines, Nova 106.9, Perfect Potions, Porfyri Photography, Royal on the Park, Sanctum, Stelios Papas, Vibe Hotel – Gold Coast, and Yellow Cabs.

A special thank you must also go to Ally Fletcher, Ecasla Events, who kindly donated her time and experience to manage the event on the night, and Jo Pollard, Wild Dog Designs, who created all of the beautiful artwork and assisted with theming.



Staff and partners from Deluxe Sponsors, Hardy Brothers Jewellery, with Cathy Kay, Jo Jessop & Master of Ceremonies, Mike Goldman

## Kristina Guinea

Aspley Day Service's Kristina Guinea is showing what diverse talents she has. Recently, her painting of a turtle was highlighted in an exhibition of works at the Access Arts display at the Powerhouse Museum. It is a beautiful painting, as can be seen in the photo, and she was proud to show it to her friends at Aspley.

Kristina is also a keen ten pin bowler and plays league on a Saturday morning, often bringing in her trophies to display to her friends. On Friday, she plays with her friends from Aspley at Strathpine Bowling Alley where they have formed their own team, the Funky Monkeys. They have much fun but are very competitive.



## Little Red and Friends at Parliament House

Monte Lupo recently displayed works by Elizabeth Duffy, Peter Hughes, Brett Patzwald, Fiona Bell, Julian Turner, Brooke Redenius, Jarrod Wendt, Sean Davenport, Alex Crombie, Saki Yamaoka, Cherryl Baker, Fiona Haynes, Clairry Lawrence and Isaac Patmore as part of the Little Red and Friends exhibition at Parliament House.

All the artists interpreted elements of a fairytale, and then twisted the story, giving the works an individualised personality. For example, Brett Patzwald put a dark spin on Snow White and the Seven Dwarfs and Sean Davenport naively depicted The Pea Green Boat with the Owl and Pussy Cat. All the works were new and exciting for the Monte Lupo artists. The exhibition was opened by the Minister for Disability Services Anastacia Palaszczuk.



## Allied Health Services under Medicare

The Enhanced Primary Care (EPC) program was introduced to provide more preventative care for older Australians and to improve coordination of care for people with chronic conditions and complex care needs.

Medicare rebates, to a maximum of five (5) services per person per calendar year, are available for certain allied health services. To access these services the person must have an Enhanced Primary Care (EPC) plan prepared by their GP. The GP then makes the referrals to the allied health professionals. The five services can be provided by a single allied health professional or shared across different professionals.

Eligible allied health professionals include audiologist, chiropractor, dietitian, mental health worker, occupational therapist, osteopath, physiotherapist, podiatrist and speech pathologist. (Medicare items 10950 – 10970)

Please discuss EPC and eligibility with your family member's GP as you may be able to benefit from this service.

## Sean Davenport and Lord Mayor Campbell Newman



The Brisbane City Council commissioned Sean, a Monte Lupo employee, to paint a plaque that represented Brisbane City, as part of their City Smart launch in June. In his painting, Sean included the City Hall building, the Eye at Southbank, jacaranda trees, City Cats and the City Smart logo. At the launch Sean was personally able to present the plaque to Lord Mayor Campbell Newman.

## Multicap Ceramics Award for People with Disabilities

Multicap is holding the inaugural Multicap National Ceramic Award for people with disabilities. This award is aimed at empowering people with disabilities through exposure of their work. There are two sections; the first for people who produce work unaided, and the second for those who produce work in a supported way, for example the work made in art therapy programs. The award will be judged by Terry Bouton.

All entries will be on display from 8th to 30th September 2009 in the Monte Lupo shop at Eight Mile Plains. The two category winners, and a People's Choice Award winner, will be announced at an opening function to be held on 17th September 2009.



## Southside Singers Shine

Multicap's Southside Singers were given the honour of performing at the Government House Open Day on 6th June, as part of the Q150 celebrations. The choir gave two half hour performances; with the first performance followed by a speech by the Governor of Queensland, Ms Penelope Wensley.

The choir members were thrilled to perform and a little nervous; however both performances went very well with a good response from the crowd and the Governor herself.

The Choir also performed at the Multicap Star Festival and will be performing at the launch of Disability Action Week on 13th September.

## Star Festival Celebrations in Rockhampton



As part of the Star Festival celebrations, Rockhampton Respite Services held a market stall at the local Heritage Markets. The stall provided a great opportunity to promote Multicap's services to the Rockhampton community. As well as brochures and information flyers, there were craft items and plants available for sale. One of the items proudly displayed was a large canvas of clients' artwork. The stall was very colourful and attracted a lot of interest from the market goers.

## Carols @ Multicap

Carols @ Multicap will be held on Saturday 29th November 2009 at Eight Mile Plains. The night is set to be another great one with performances by local bands, choirs, and singers plus other fun activities and workshops. There are a number of ways you can help to make sure the celebrations are a huge success.

- **Donations for our Stalls** – as additional fundraising activities some stalls will be run by Multicap and we are looking for donations of the following: Craft items/products, Soft Drink Cans, Baked Goods.
- **Volunteer on a Stall**
- **Raffle Ticket Sellers**
- **Flyer Distribution** – help let the community know

If you are interested in helping in any of the above ways please contact Katie Bottom, Events & Partnership Coordinator, on 3340 9045 or [katieb@multicap.asn.au](mailto:katieb@multicap.asn.au).

The night is a lot of fun and we hope to see you all there.

## Council Support

We were pleased when Brisbane City Council advised that Multicap's application for a reduction in rates expenses for some of our Brisbane properties had been successful. This enables us to continue to provide essential services and facilities for people with multiple disabilities.

## Can you help?

We need to 'Go Green'! Multicap needs to plant new trees and shrubs on our Eight Mile Plains site and also at the homes of people we support in the community.

Some regional councils, and Brisbane City Council, provide two free plants each year to home owners after sighting the first council rates notice each year. Please consider donating these plants to Multicap if you don't require them.

Hannah, our 'green thumb' Maintenance Officer, would also love to receive cuttings and plants that you may be able to drop off. Of course, any green vouchers and rubbish vouchers, that are excess to your requirements, will also be gratefully received by our Maintenance team, Steve, Jeromie, Kieron and Hannah.

Please ring Hannah on 3340 9000 if you are able to assist with any of these items.